



Hearthstone of Beaverton

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Locally owned with our mission to serve with love, respect, and integrity.

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The **Hearthstone Happening** is a monthly newsletter informing you of the exciting events, people, and news about **Hearthstone of Beaverton**.

Please notify us if you have any change to your address or wish to be removed from our mailings.

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CHAPLAIN'S CORNER

We are so thankful for recovery from colds and the flu that hit us early last month - for wise decisions to quarantine and for God's healing touch on those who were sick.

This month, we introduce two new studies. Judy is beginning the study of Romans for the Thursday Bible Class and I will be teaching through the Book of Ephesians at Sunday services. We look forward to learning more about God and His character through spending time in His Word.

Everyone is welcome to join the Prayer Time on Tuesdays at 11:30 or join us for the ongoing adventures of "Christian" as we read "Pilgrim's Progress" on Tuesdays at 12:45. Both of these events are held in the Private Dining Room.

Chaplain Nancy

QUOTABLE QUOTES –

Lillias having a tough time putting on her sweater: "What's wrong with my sweater? Just because it's 50 years old, it should still know how to behave!"

Dorothy, by herself, looking down an empty hallway, "There ain't nobody home but the chickens!"



FEBRUARY

- 2/04 Margaret Derting
- 2/19 Nancy Bliss
- 2/19 Paul Matney
- 2/25 Mary Ann Sacomano
- 2/26 Anita Miller-Davis
- 2/26 Jim Dunn
- 2/26 Jo Anne Baumann
- 2/27 Nika Nagy

Hearthstone Happenings

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A CHANGING OF THE GUARD

Occasionally, we have to say good-bye to someone on our staff. It is with mixed feelings that we had to bid farewell to Stefanie Hilker and Deidre Shadomy at the end of January. Both ladies have been with us for about six years, Stefanie serving as our Food Service Director for most of that time, and Deidre serving as the Head Cook.

We are going to miss lots of things about them – their friendliness, their expertise in the kitchen, their genuine care for the residents and staff alike, and, of course, Stefanie’s infectious singing and dancing while she worked over the stove or served at our festive parties.



Stef and Deidre have some traveling to do, family and friends to visit, and then will think more seriously about what they want to do for employment.

Right now, they are graciously helping in our transition.

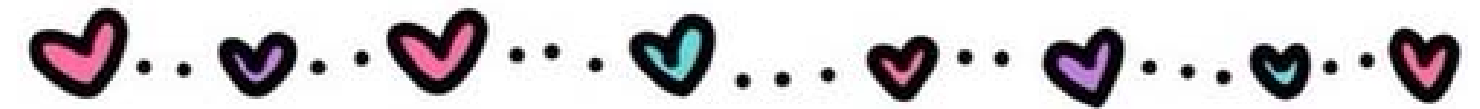
WELCOME DAXTON



Yes, we are pleased to welcome our next Food Service Director, Daxton King, who officially began on January 31st.

Daxton has worked in all aspects of the hospitality/food industry for over 13 years in every position a kitchen has to offer and has loved them all. He has a tremendous passion for food and finding out what residents enjoy. He also believes in having a strong, positive working relationship with his staff so looks forward to teaming with our cooks.

Daxton and wife, Amanda, have been together for over ten years. They have a son, Jaiden Prescott, who is seven months. Daxton is an enthusiastic Duck fan, and his favorite food is Teriyaki Chicken and Rice. Please be sure to introduce yourself to him when you see him!



ELVES, ANGELS?

Jack Smithson is truly one. Very quietly every Friday evening, he pops and serves popcorn to residents who come to watch the Friday night movie. He does this so quietly, no one is disturbed by his movement in the room, and he is so gracious. Jack also sets up the DVD player and makes sure the sound is right. He is a wonder! In addition, he helps unload packages from Fred Meyer every Monday.

Other acts of kindness observed this month: Rusty invited Julie Forker to play Bingo, and she came! Marge Morine is taking on organization of the library - quite a project, but she has good organizational skills and will have it ship shape before we know it! It is the helping and being of service to others that makes our world go round and is truly the Hearthstone spirit!

A QUIET THING

What is the quietest thing I know?
A leaf when breezes do not blow,
A starry night when all is still,
Or purple shadows on a hill.

Perhaps it’s when I rise at dawn,
To see the sunrise kiss the lawn.
A quiet thing could be the smile
That tells me love makes life worthwhile.

What happens in Quarantine? For some, creativity!

Q

Merry Christmas, Lord Jesus is born!
Let’s celebrate this happy morn.

Happy New Year’s Day,
May our cares be light and gay.

Oops, up pops virus “Q”
Here to disturb quite a few.

Sad, dreary days appear,
And we elder folks begin to fear.

Everyone at Hearthstone
Works hard to get rid of “Q”
And after all is said and done,
“Q” is hopefully through!

- Anonymous

HEARTHSTONE HEALTH UPDATE



A huge THANK YOU to our residents and staff for weathering through our flu quarantine! I am so proud of all of you, and our hope is to keep this terrible virus from occurring again! As you can tell from the news, it is still very prevalent in Portland and nationwide. Thank you to the families who have brought in hand soap, hand sanitizer, paper towels, and wipes!

If you wish to visit but you have a runny nose, cough, fever, or congestion, PLEASE help us out and do not visit until you are clear of ALL symptoms for at least 48 hours. Our residents are fragile, and we do not want them to go through this all over again!

Please remember that hand washing is the best thing you can do. Wash for at least 20 seconds! You can’t wash enough times! Did I mention hand washing? It’s that important! Thank you for your support!

Grace Hall



FEBRUARY HIGHLIGHTS

- 2/02 - Outing: Book Corner / 1:15
- 2/04 - Super Bowl Party / 3:00pm
- 2/08 - Olympic Parade w/St Stephens students followed by an airplane-flying contest / 1:15pm
- 2/14 - David Layton on Saxophone for Valentines Day /3:30pm
- 2/15 - Nehemiah / 4:00pm
- 2/16 - Outing: Mandarin Palace / 11:15am
- 2/28 - Outing: Chocolate Factory / 1:15pm





Choir Director, Suzanne



Hearthstone Choir



Play dough art,
quarantine activity
(above, below, left, below left)

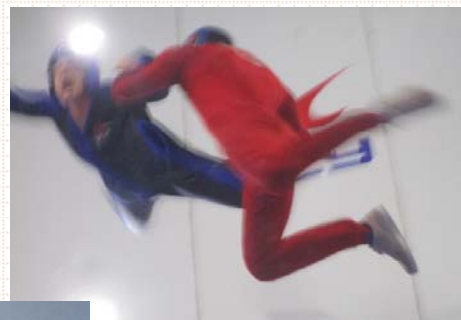
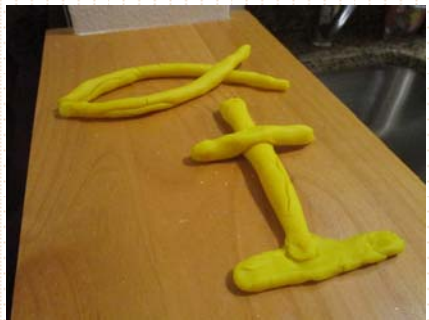


Bingo - a favorite! (above & below)

January



Belated New Year's Party - Finally!
(below)



Allie goes to IFLY (above)
residents watch (left)



Barbara McLean

by Linda Durbrow

"The mediocre teacher tells. The good teacher explains. The superior teacher demonstrates. The great teacher inspires."

William A Ward



It has been such a privilege to spend time with the residents of Hearthstone, learning about such interesting and diverse lives. Without fail, when I sit down to talk with someone, they insist they have nothing to say that would be of interest to anyone. Without exception that always proves to be untrue. Meeting Barbara was no exception.

When you first enter her apartment, you are struck by the warmth of her surroundings. Natural light streams from her windows. Her furnishings are cozy and inviting. She has a beautiful Chinese screen separating her bedroom from the living room. Barbara proudly told me her son-in-law was responsible for decorating her apartment. The most unusual item has to be the beautiful wall clock that plays the Beatles song, "Hey Jude."

Barbara was born in Detroit, Michigan. She and her husband, Oliver, raised three children: two daughters, Laura and Martha, and a son, Tom, now deceased. Education has been an important part of her entire family. After graduating from the University of Michigan with an education degree, Barbara was an elementary teacher for 29 years. Oliver earned his Ph.D in Education and Administration and was a high school math and science teacher before becoming a principal. Her father was also a high school principal, and her daughter, Laura, teaches bilingual students in the Woodburn area.

Oliver's mother, Rachel Andresen, was very involved in starting the Youth For Understanding in the United States. This is an organization founded in 1951 in an effort to heal the wounds of WWII. Understanding the hardships on the youth of Germany, teenagers from war-torn Germany were brought to the U.S. to live with American families. Can you imagine all the young lives she and her family have helped to shape? Barbara feels her greatest gift as a teacher was her ability to understand the children without judgment.

Barbara has lived at Hearthstone for 3-1/2 years. Her love of music extends to proudly being part of the Hearthstone Choir. She has enjoyed going on some of the scenic rides led by Nancy Bliss. She feels very lucky to have found a wonderful home at Hearthstone.

Thankfully, Barbara stayed healthy during the recent quarantine. She is particularly grateful to Nancy B. and her team for all their hard work in keeping the residents entertained during this difficult time.

When I asked Barbara if she could be anywhere in the world where would she want to be, her answer was "somewhere safe where there were no wars." I think we can all agree.





February 2018



Sun	Mon	Tue	Wed	Thu	Fri	Sat
HAIR SALON Wednesdays & Fridays By appointment		Winter Olympics in South Korea Feb 9-25		1 8:55 Devotions 9:45 Exercise Class 10:45 Word Games 11:00 Bible Class w/Judy 1:15 Nutritional Class w/Laurel 2:30 Valentine Craft w/Karen 4:00 Lifelong Learning w/Bert	2 8:55 Devotions 9:45 Exercise Class 10:45 Bash Ball 1:15 Outing: Book Corner 3:00 Bingo 6:00 Friday Night Movie	3 1:15 Barb Amell / Piano
4 1:15 Worship Service w/Nancy and communion <i>(note time change)</i> 3:00 Super Bowl Party MARGARET	5 8:55 Devotions 9:45 Exercise Class 10:45 Bash Ball 1:15 Bingo 2:15 Fred Meyer Shopping	6 8:55 Devotions 9:45 Catholic Communion 9:45 Exercise Class 10:45 Word Games 11:30 Let's Pray & Read / PDR 1:15 Cards / Wii Bowling 3:00 Reading Group	7 8:55 Devotions 9:45 Exercise Class 10:45 Bash Ball 11:30 Recycling 1:15 Resident Council Mtg. 2:30 Choir Practice 3:45 Bingo	8 8:55 Devotions 9:45 Exercise Class 10:45 Word Games 11:00 Bible Class w/Judy 1:15 Hearthstone Olympic Ceremony w/Parade & St Stephens students 1:45 Airplane Flying Contest 3:00 Lifelong Learning w/Bert	9 8:55 Devotions 9:45 Exercise Class 10:45 Bash Ball 1:15 Recycle Talk w/ Beaverton Recycles 2:15 Bingo 6:00 Friday Night Movie	10 1:15 Dom Franco / Steel Guitar
11 4:00 Worship Service w/Men's Quartet	12 8:55 Devotions 9:45 Exercise Class 10:45 Bash Ball 1:15 Bingo 2:15 Fred Meyer Shopping	13 8:55 Devotions 9:45 Exercise Class 10:00 Catholic Mass 10:45 Word Games 11:30 Let's Pray & Read / PDR 1:15 Cards / Wii Bowling 3:00 Reading Group Mardi Gras	14 8:55 Devotions 9:45 Exercise Class 10:45 Bash Ball 11:30 Hearthstone Choir 1:15 Bingo 2:30 Choir Practice 3:30 David Layton ~ Saxophone Valentines Day	15 8:55 Devotions 9:45 Exercise Class 10:45 Word Games 11:00 Bible Class w/Judy 11:30 Recycle Time 1:30 Bell Choir 2:45 More Hearthstone Olympic Games	16 8:55 Devotions 9:45 Exercise Class 10:45 Bash Ball 11:15 Outing: Mandarin Palace 4:15 Bingo 6:00 Friday Night Movie	17 3:00 Victor Sharpe - Singer, Saxophone
18 4:00 Worship Service w/Nancy	19 8:55 Devotions 9:45 Exercise Class 10:45 Bash Ball 1:15 Bingo 2:15 Fred Meyer Shopping PAUL / NANCY B	20 8:55 Devotions 9:45 Catholic Communion 9:45 Exercise Class 10:45 Word Games 11:30 Let's Pray & Read / PDR 1:15 Cards / Wii Bowling 3:00 Reading Group	21 8:55 Devotions 9:45 Exercise Class 10:45 Bash Ball 11:30 Recycling Time 1:15 Outing to Creo Chocolate Factory	22 8:55 Devotions 9:45 Exercise Class 10:45 Word Games 11:00 Bible Class w/Judy 1:15 St Stephen's Children 1:45 Classical Music w/Terry 3:00 Poet James Hipster Clothes Clashing Day	23 8:55 Devotions 9:45 Exercise Class 10:45 Bash Ball 1:15 Bingo 3:00 Group Birthday Party 6:00 Friday Night Movie	24 1:15 Melissa / Piano
25 4:00 Worship Service w/Nancy MARY ANN	26 8:55 Devotions 9:45 Exercise Class 10:45 Bash Ball 1:15 Bingo 2:15 Fred Meyer Shopping 2:30 Hearing Aid Check ANITA / JIM / JO ANNE B	27 8:55 Devotions 9:45 Catholic Communion 9:45 Exercise Class 10:45 Word Games 11:30 Let's Pray & Read / PDR 1:15 Cards / Wii Bowling 3:00 Reading Group NIKA	28 8:55 Devotions 9:45 Exercise Class 10:45 Bash Ball 11:30 Recycling Time 1:15 Bingo 2:30 Choir Practice 3:45 Art class w/Bev			